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The Cure for What Ails Us: Mother-Daughter Team Pen New Book Outlining
Breakthrough System for Personal and Societal Progress

A logical system of personal responsibility, respect, and realistic expectations lies at the heart of “Magna Sententia,” the new book from authors Anna and Ellie Sherise that promises readers fresh insights into better living.

April 7, Denver and Whitewater, CO – The evidence is everywhere: From a salacious media culture dominated by Britney Spears to ever more frequent school shootings and political sex scandals, ours is a society in decay. But a breakthrough new book from authors Anna and Ellie Sherise is giving hope to those who want to take back our culture while promising individuals something even more: healthier, more joyful lives, both personally and professionally.

Just released by Outskirts Press, *Magna Sententia: The Logical Cure for Our Society* unravels the complex reasons for the current breakdown and proposes a wholesale reinvigoration of values to reestablish right human relations, regardless of our diverse religions and backgrounds. The book is now available through the authors’ Website at www.outskirtspress.com/magnasententia.

Today’s seemingly intractable problems, the authors show, lie in the continued battle for all-or-nothing domination by two competing ideologies: traditionalism and feminism. Based on archaic traditions and emotions instead of logic, these value systems lead to divisive, confusing reasoning, and leave the majority of us unsatisfied. The result? Widespread animosity and social fractures.

What’s needed is a balance between these two forces that still respects the individual. Enter *Magna Sententia*. Latin for “the important way of thinking,” *Magna Sententia* is a completely new—yet decidedly common-sense—value system that integrates the best of both feminism and traditionalism while reestablishing personal responsibility, respect, and realistic expectations. Eliminating a culture of victimization, the system puts the power of logic into our daily decision-making processes to ensure success when addressing a wide range of situations. Just a few topics tackled in *Magna Sententia* include:

- * Rudeness in our society, and how to stamp it out
- * How to set attainable goals for our lives and honor our limitations
- * Strategies to overcome toxic relationships
- * Tactics for rearing children of character imbued with a strong work ethic

“*Magna Sententia* is a way of being, not a dogma to follow,” the authors write. “...It equalizes the values of traditionalism and feminism, providing a common ground for all people who want to improve themselves, their relationships and families, and society as a whole.”

Peppered with powerful real-life examples and levelheaded advice, *Magna Sententia* encourages us to hold ourselves to a higher standard of behavior, one that will create a healthier environment for us all. Ultimately, *Magna Sententia* is about the hope that through personal responsibility, respect, and realistic expectations, individuals can have the life and relationships they want, and we can build an optimistic, strong, and noble society.

Magna Sententia: The Logical Cure for Our Society is now available through Ingram, Baker & Taylor, Amazon.com, barnesandnoble.com, and the online bookstore of Outskirts Press at outskirtspress.com/store.php.

Find out more at www.magnasententia.com.

About the Authors: Mother-and-daughter team Anna and Ellie Sherise represent two very different generations in their ideas and writing. Anna grew up during the feminist movement of the 1960s while Ellie enjoyed its benefits and contended with its ill-effects. Together, they have watched people struggle with where they belong and what society expects from them. Utilizing their vast personal experience and their backgrounds in business, mathematics, and biology, Anna and Ellie developed *Magna Sententia* over many years with the goal of improving our society.

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Author Contact: Visit them on the Web at www.outskirtspress.com/magnasententia

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Outskirts Press, Inc., 10940 S. Parker Rd - 515, Parker, Colorado 80134
<http://outskirtspress.com> — 1-888-OP-BOOKS